



EXPERIENCES



WELCOME TO SIX SENSES ZIGHY BAY

Welcome to Six Senses Zighy Bay, the jewel of Oman, where the rugged mountains of the Al Hajar Mountains dive dramatically into the calm azure waters of the Musandam Fjords via a mile-long white sandy beach.

The resort is designed to awaken your senses by stimulating your mind, refreshing your body and providing a calm haven for your soul. Whether you want to stay active or take time out to relax, you'll find a perfect balance of adventure and wellness which is totally in tune with the incredible natural environment.



NOTHING ABOUT YOUR STAY HERE WILL BE ORDINARY

*Where else can you make a grand entrance by scenic four-wheel drive, speed boat or paraglide?**

Here, time can be forgotten. Choose a slow-life philosophy by tasting organic Arabic dishes and wine at our restaurants, indulging in locally-inspired spa treatments, soaking up the sun at the private beach or pool villa or tracing your name in the stars.

If you do want to drag yourself away from total tranquility, then the Musandam Peninsula is the perfect natural playground for adventure seekers of all ages – from sunset cruises to diving, hiking and gliding through the skies.

We have crafted the following experiences to inspire you to plan your unique Six Senses Zighy Bay journey, so that you can enjoy unique moments in and around our private hideaway. Combined with our uncompromising level of service, we hope that these moments become magical memories that stay with you and your loved ones long after you've left.



*Paragliding is tandem with our professional paraglider.

PARAGLIDING

Let your soul fly free

Peaceful and exhilarating are two words that you wouldn't often use together... until you take flight by paraglider. One minute you're on our launch pad located 960 feet above sea level, and the next minute you're soaring with the birds accompanied by the sound of the breeze as you gently descend toward a soft landing on the sands of Zighy beach below.

People often describe paragliding as "freeing"; and your pilot will ensure you are comfortable as you sit back and soak up the beautiful views of the Al Hajar Mountains, ancient fishing villages and the expansive Gulf of Oman. The flight time depends on how many warm thermals you catch. We recommend mid-morning to early afternoon for optimal flying conditions.

MICROLIGHT

Glide the Gulfstream

Take to the skies in one of the world's most maneuverable aircrafts, for another thrilling signature aerial experience. This flight will showcase the resort, Miam Beach and Dibba town from a dizzying 1,640 feet above sea level.

You'll be in the expert hands of our pilot who will ensure a first-class flight that will have you seated directly behind the controls with a perfect bird's-eye view of the surrounding countryside. You'll feel like the star of your very own adventure movie: an unforgettable experience that your family and friends will be desperate to try after seeing your video footage.

Please contact E reservations-zighy@sixsenses.com T +968 2673 5555 or
your GEM for price inquiries and bookings





SABATYN

Watch the sun sink over the Grand Canyon of Musandam

Explore the rugged beauty of the Sabatyn plateau from the comfort of the resort's air-conditioned off-road fleet. Take an easy trek through the timeless village of Sabatyn, which stretches along the mountainside with wonderful views to Wadi Al Bih. You'll pass a wealth of petroglyphs (rock carvings), stone towers and ancient houses from a vantage point of almost 4,000 feet above sea level.

You can choose when to take this scenic one-hour drive: either in the morning to include a picnic lunch, or during dusk to toast the majestic sunset over the mountains with a glass of refreshments and selection of canapés.

VILLAGE TREK

Go back in time in the mountains of Dibba

If you're longing to see the world from somewhere other than the inside of an office, then this is about as far from business-as-usual as we can get you. The ancient Omani villages, farms and heritage sites among the mountains of Dibba are miles and centuries away from today's bustling cities.

As you explore the site on foot, you'll learn about cultural relics and tombs that, according to important archeological discoveries, date back to the seventh millennium BC.

MOUNTAIN BIKING

Get out and ride

Not for the faint-hearted, this mountain bike experience caters to the extreme sports enthusiast. Lace up your trainers and stretch out those legs – it's time to tackle the mountains. This is the chance for you to reconnect with nature and ride your way down the rugged terrain of Oman's Al Hajar mountains on an adrenaline-fuelled adventure.

Our team will drive you to the summit and ensure you are comfortable with the equipment, terrain and pace for maximum enjoyment as race your way down the mountain.

ROCK CLIMBING

Climb the rugged rocks

Scale your way up through the cracks and crevices of some safe and challenging climbs, while learning the latest climbing techniques, tricks, knots and belaying.

This is a half-day introduction on just about the best climbing walls of all: the natural rocks located among the breathtaking terrain of the Al Hajar Mountains.

HIKING

Trek the Zighy Bay Mountains

For those who want to enjoy the simplicity of Zighy Bay's surroundings while staying active and healthy, why not become a nomad for the day and roam the tracks and trails of Smugglers Bay?

This trek follows the natural pathways of the coastal mountains with a few opportunities to take a cooling dip along the way, ensuring that the best views are taken in while your stress is taken out.

DIBBA FORT AND FARM

Make a day of it with a fort, farm and feast

Dibba Al-Baya, throughout history, was attacked and conquered by several regional and colonial powers. Today, this classic border town hosts a traditional fort which has been converted to a museum. Combine your trip with a visit to our lush organic farm complete with greenhouse and orchard, and learn how to make charcoal. You can also see the traditional FALAJ, an impressive Omani irrigation system.

Our expert culinary team will prepare a unique and private dining experience at the farm for you upon request. A hint - we recommend having breakfast!





PRIVATE CINEMA PARADISO

Watch the classics under the stars

Recline in total comfort and take your front row seats to treat your family to our Cinema Paradiso experience on the beach and under a blanket of stars – popcorn included.

You can also relax and enjoy a selection of past and present movie classics in the privacy of your own villa.

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HAND LINE FISHING

Catch your own fish for dinner

Bask in the Arabian sun as you float in the opal waters of the Gulf with the Sultanate of Oman as your backdrop. Cast your line and try your luck catching a Snapper or King Soldier Bream under the watchful eye of our best fishermen, who will teach you the art of Omani hand-line fishing.

All the family will enjoy this traditional and popular pastime by private or shared charter. Your fresh catch of the day can be cooked to your liking by our team of chefs.

SPEED BOAT TOUR

Speed to secluded bays and secret locations

This private or shared speed boat tour will turn back time to Omani yesteryear, as you discover the local lifestyle and livelihood that first blossomed in this region.

Take a leisurely swim when we moor alongside the local bays of Haffa or Sanat and enjoy the striking views of the small fishing villages carved into the Al Hajar Mountains. Why not return via the Dibba Port fish market, where fresh fish trading is still a traditional way of life.

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SUNSET CRUISE

Get caught up in the romance of the Musandam Fjords

When the day turns to dusk we will ensure you are at the perfect spot on the languid waters of Haffa Bay to watch the sun gradually set behind the vast Al Hajar mountains.

Enjoy the golden view and infinite horizon from our traditional wooden dhow, sampling delicious canapés and a glass of refreshments on a cruise that stops you in your tracks and maybe even steals your heart.

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BESPOKE DHOW CRUISE

Cut through the smooth waters on a traditional Omani dhow

Dhow ships have been used by the region's fishermen for hundreds of years. Today, sailing through the Gulf of Oman on a traditional fishing vessel, which has been renovated with every modern comfort, proves one of the most popular excursions in the Musandam.

Explore the many fjords and timeless fishing villages carved into the mountains at Haffa Bay, cruising towards White Rock and listening to local folklore. Anchor in Sanat Bay for a gourmet lunch, followed by kayaking, snorkeling, hand-line fishing or even snoozing the afternoon away.

Duration: 5 hours

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CRAFTED EXPERIENCES

*Dhahab Dhow
Yacht Charters*



DHAHAB DHOW

The ultimate tailored experience. Total Privacy. Complete Freedom.

Inspired by the word "Dhahab" which means golden in Arabic, this classic Omani dhow hosts up to six guests, setting sail from Zighy Bay to explore the coast of Musandam, stopping to rest in secluded bays bursting with marine life.

The crew, including a chef and butler, ensure exceptional service throughout your odyssey. Time can be spent kayaking, fishing, beach combing, swimming or simply sunbathing – with options to take a cooking class, book a bespoke dive experience or bring a spa therapist on board for a relaxing treatment after an active day.

Duration: 3 days, 2 nights

Maximum capacity: 6 guests

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YACHT CHARTER

Charter the Lagoon 450 or Lagoon 39

Lagoon is the world leader in sailing catamaran cruisers. After a successful first charter year in 2017, these two Class A boats continue on their adventure through the azure waters and coves off the Musandam peninsula.

Taking in the unsurpassed magnificence of this dramatic and stark coastline from these high-performance and ultra-modern vessels makes for a relaxing, thrilling and absolutely beautiful day on the water.

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UNDERWATER EXPERIENCES

SNORKELING

Meet the underwater residents

The waters off the Musandam Peninsula are blessed with incredible hard and soft coral reefs that are bursting with a wide variety of marine life. Our experienced international divers will guide you through the crystal clear waters to the best spots for meeting friendly turtles and stingrays.

Weather permitting, there is a chance to snorkel in a big overhead cave along the coast of Sanat during your shared or private two-hour trip on a luxury speed boat.

DIVE EXPERIENCES

Dive the renowned Gulf of Oman

For a world-class experience, you need first-class expertise. Our experienced international divers conduct SSI and PADI courses, privately or in groups in English, French, German and Dutch.

Your equipment is state-of-the-art and you'll access the dive sites on board a small fleet of powerful boats, including two Royal Craft 35 vessels that can accommodate up to six divers.

We cater for all levels – from Bubble Maker dives for children as young as eight, right up to PADI Divemaster courses.

Bespoke experiences include:

Try dives: No certification required, guests can experience diving for the first time along with a certified instructor. They will gain first diving knowledge and will dive to a maximum depth of 12 meters.

1 tank refresher dive: For certified divers who have not been diving for over a year and would like to refresh their memory. We offer a customized and thorough briefing prior the dive, along with some underwater skills as necessary.

1 tank dive excursion twice daily: With two departures daily (morning and afternoon), our small group of divers will explore beautiful sites along the Musandam coast during a 50-minute dive.

2 tank dive excursion daily: Divers will leave the marina in the morning for a four and a half hour excursion along the coast of Musandam. Our small groups of divers will explore two dive sites 45 minutes north of Zighy Bay, with lunch served during the surface interval.

Underwater photography (camera rental):

Keen photographers can capture their memories and submarine adventures, as we provide underwater cameras and instruction from our professional divers.

SSI and PADI courses from Bubblemaker to Divemaster: Anyone who is interested in becoming a diver, with or without previous experience, from 8 to 98-years old, can join us for SSI or PADI courses. Our professional instructors provide all courses in a safe and fun environment.





DESTINATION DINING

For all dining experiences, please discuss any dietary requirements with your GEM during reservations.

IN VILLA BARBECUE

Ever wish the barbecue would come to you? Let our culinary teams treat you to a special night and tempt your taste buds with the Musandam Seafood, Arabian or International barbecue package, all set in the intimate privacy of your very own villa.

And before you ask, just because it's in your villa doesn't mean you'll be washing the dishes! Our professional team will clear everything away once you've finished, leaving you to enjoy the rest of your evening and all your villa amenities in peace.

DINING BEYOND THE BAY/ PRIVATE BARBECUE

We invite you to hide away in a secluded little alcove at the far end of our resort grounds or dine comfortably at recommended spots along the stretch of our private beach.

Everything is set for a bare-foot night on the beach with Musandam Seafood, Arabian or International barbecues, as the starlight twinkles on the nearby Oman Gulf waters. And your backdrop for the evening? The breathtaking Al Hajar Mountains of course.

In order to create your ideal dinner experience, please advise your GEM on dietary requirements during reservations.

WINE TOWER

We'll set up a romantic table for two to four guests at the top of our Wine Tower overlooking the Musandam Fjords, majestic Hajar mountains and the Omani Gulf.

Our certified Sommeliers are on hand to provide a fun and informative evening. We also host regular wine tasting events, all in this amazing venue crafted with Omani's heritage design.

WINE CELLAR

Up to eight guests can nestle into our very own "vinotheque" wine cellar. Our Wine & Spirit Education Trust (WSET) certified Sommeliers also host regular tastings in this cozy venue.

Choose this exceptional location for an intimate dinner or interactive journey with aromas and pairing. It is the perfect summer location to escape the heat and enjoy a bespoke sensory adventure.

COOKING CLASS

Sharpen your culinary skills

Calling all curious chefs: unlock the secrets of local and traditional cuisines with our talented chef while learning new skills to impress your loved ones back home. Held in our organic garden during winter or in the Spice Market during summer, you will learn to hand-pick your own produce before creating some unique Omani dishes.

If you like to wine when you dine, we offer wine tasting and herbal organic mixology master classes to ensure all aspects of the cooking experience are covered.







SUNRISE BREAKFAST

They say the early bird catches the worm, and this spectacular breakfast is worth getting out of bed for as it is set to a dramatically beautiful sunrise.

What better way to kick off your day than at 1,099 feet above sea level at the very top of our resort in the Al Hajar mountains?

MOONLIGHT AND STARLIGHT DINING

Our Moonlight and Starlight tables are the lucky spots famed for exceptionally romantic dinners, marriage proposals and other wonderful celebrations.

Enjoy a breathtaking starlit view from the top of our resort while indulging in culinary artistry and some of the finest wines this world has to offer.

WHITE ROCK COCKTAILS

Let us usher you to a secluded white limestone island on one of our resort speed boats, where you'll enjoy sparkling wine or organic cocktails in complete privacy. Sit back, relax, and enjoy the glistening Omani Gulf as you sip on sumptuous drinks.

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SHUA SHACK

Arabic cuisine, the food of the region, has often been described as among the best in the world for its variety, taste and simplicity, and this Bedouin-style setting on the beach is a unique way to enjoy it.

Our chefs, through their creations and live grills, provide regional specialties that all the family will love, beginning with local organic salads and oriental mezze, followed by slow-cooked local lamb prepared in our authentic Shua underground oven.

Available few nights of the week.

MEZZERIA

Mezzeria is the food and beverage outlet that offers casual, fun and relaxed dining atmosphere at the salt water pool.

A combination of Italian osteria, Greek tavern and a shawarma shack rolled into one, providing comfortable dining for the family during the cooler months.

CHEF'S TABLE SPICE MARKET

Spice Market offers delicacies from the culinary world of Arabia. Enjoy breakfast and dinner in a relaxed Arabic environment highlighted with bold colors and traditional mud kitchen. Join the days when the barbecue entices with its mouthwatering aroma of grilled specialties.

Join a communal, interactive and out-of-the-ordinary dinner gathering together with fellow foodies around the Chef's Table, including guests, sommeliers and the culinary team. This seven-course, wine-paired menu is hosted by the executive chef and sommelier.

KITCHEN TABLE SENSE ON THE EDGE

Sense On The Edge is already our top table, a mountaintop fine-dining showcase with a jaw-dropping view situated almost 300 meters above sea level.

Now you won't miss a chop or a slice from this high-performance culinary team as you take your front-row seats at our Kitchen Table. Laid out right in front of our Culinary Hub, you are in the perfect place for personal attention from our chefs as they serve up a feast to remember.



EARTH LAB

Earth Lab is a place to learn, grow and reconnect with the natural world. It is named Earth to celebrate our home and source of all life, and Lab for experimentation, innovation and exploration.

Join us in our activities and participate with us in reaching our sustainability goals. We also communicate work happening off site, for example marine conservation and community development during one of your visits. All you have to do is make an appointment and drop by.

- Water is bottled on site, eliminating the transportation impacts and use of plastic water bottles
- Free range chickens produce organic eggs
- Goats process landscaping waste and produce milk
- Food waste is composted and used to fuel our extensive organic gardens
- Old bark is used to make charcoal for in-villa barbecues and to make compost
- Fruits and vegetables are harvested from our organic gardens to provide fresh and healthy meals for guests
- Bees are kept for honey and to pollinate local crops
- Glass is crushed and upcycled into jewelry and ornaments
- Plants are harvested for spa treatments i.e. dates and aloe vera
- Seeds are harvested, kept in a seed bank and made available for guests to grow at home
- In-villa notes are made from recycled paper and other materials
- Home-made soaps and chemical-free scrubs are made using fresh ingredients such as limes from the resort's grounds

We look forward in welcoming you to our Earth Lab, open by appointment seven days a week. Please contact your GEM for assistance.





SIX SENSES SPA

A sanctuary of well-being



RELAX. RECONNECT. REVITALIZE.

At Six Senses Spa, we will guide you on a personal journey to finding harmony and balance from the inside out, while respecting your precise needs and wellness goals.

Your holiday is the perfect time to relax your mind, revitalize the body and reconnect with yourself. We believe in keeping you well and our integrated approach to wellness brings together advanced technology, nutrition, movement and mindfulness. From therapeutic treatments and specialist therapies to personalized yoga and fitness activities, everything is crafted around your specific needs by our resident wellness specialists and global practitioners, taking you on an out of the ordinary journey to well-being.

In order to create your ideal wellness experience, please refer to the spa menu available in the villa
Please contact: E: reservations-zighy@sixsenses.com T: +968 2673 5555 or your GEM for price inquiries and bookings

WELLNESS

INTEGRATED WELLNESS

It starts with your room, where you'll enjoy a natural hand-made mattress and cotton bedding, nourishing bathroom products, and energy boosting snacks. Our chefs prepare delicious low-sugar, low-gluten, low-soy and low-lactose meals, which are as clean and sustainable as possible, while sourcing many ingredients locally. At our spas, you can discover more about your health with a bespoke **wellness screening and movement efficiency test**. Six Senses wellness screening measures all of your key physiological biomarkers. From the result, we will help you achieve superior health via a bespoke program designed to your particular needs.

SLEEP WITH SIX SENSES

This is a company-wide brand standard when it comes to your room and villa set up to provide a great night's sleep, which we believe is the foundation to boost your entire experience at our resort. Building on these top quality basics, we can arrange a personal consultation with a Sleep Ambassador if you want to take this experience to another level.

For more information, reach out to reservations-zighy@sixsenses.com
The package can be enjoyed by teenagers from 16 years and above and we recommend a minimum of two nights.

EAT WITH SIX SENSES

Eat With Six Senses represents another pillar of the Six Senses Integrated Wellness philosophy and approach to food and drink. It is based on the guiding principles of natural ingredients, local and sustainable, and less is more, helping you to reconnect with food safe in the knowledge that it's good for you, and good for the world around us.

VISITING PRACTITIONERS

As pioneers we uncover new practices and build meaningful relationships with both modern and traditional practitioners. We work in partnerships with visiting practitioners from around the world to deliver personalized wellness programs for you. Our practitioners are available on selected months of the year with specialized skills targeting to push boundaries and deliver results.



sleep
WITH SIX SENSES



BOUTIQUE

SHOP 'TIL YOU DROP

Our Boutique features garments that move effortlessly from leisure activities, sport and lounging to elegant evenings beneath starry skies. Natural fabrics are transformed into wisps of whimsy to layer over swimwear; sandals that are perfect for a beach or patio party and cheeky carryall bags.

In addition to shorts, tops and bathing suits (for men too), the line includes vacation necessities such as branded caps, T-shirts and polos. The Six Senses jewelry line presents an array of fabulous, fun and funky necklaces, bracelets and charms.

Locally made artisan Omani handicrafts are available, so bring home the memories of your unforgettable stay in the Musandam peninsula.

Enjoy our local Omani souq experience and the offerings of Arabian world. From Omani coffee tasting with dates and Omani lemonade, our Omani warrior interacting about local culture and how to tie your own Omani Masar, local Henna lady offering tattoos for all who are interested (chargeable) and of course cute camels Humphrey and Wednesday will make an appearance too. We look forward to welcome you.

**Available certain days of the week, please enquire your GEM.

***Thank you for choosing Six Senses Zighy Bay.
We appreciate you spending your time with us, and we look forward to welcoming you back for more exciting journeys soon.***



SIX SENSES ZIGHY BAY

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