



## CITY TOUR

*'Done with a nice three-hour ride. I've heard many times before that Cape Town is stunning. That was no lie. What a place'* - Lance Armstrong

### HIGHLIGHTS

City Orientation | Table Mountain (weather permitting) | Green Market Square (flea market)  
Castle of Good Hope | Company's Garden - home of Parliament Buildings  
South African National History Museum | National Art Gallery and other historical buildings  
Bo-Kaap/Cape Malay Quarter (colourful houses)

### FULL DAY (MAXIMUM 4 HOURS) PRIVATE OPTION - JARAT TOURS

RATES ARE VALID UNTIL 30 NOVEMBER 2019

Mercedes E-Class - R4950 | Mercedes S-Class and GL - R7550  
Mercedes Vito (7 seater) - R4950 | Mercedes Viano (6 seater) - R6000  
Toyota Quantum (13 seater) - R6150

### FULL DAY (MAX 4 HOURS) SCHEDULED OPTION - HYLTON ROSS TOURS

RATES ARE VALID UNTIL 30 SEPTEMBER 2019

R540 per person

### HOP-ON -HOP-OFF

R200 per person



TIP: THE HOP-ON-HOP-OFF IS THE MOST AFFORDABLE AND INFORMATIVE WAY TO VISIT THE CITY  
TIP: BOOK 'SPECIAL LANGUAGE' GUIDE AT LEAST 3 DAYS IN ADVANCE AT AN ADDITIONAL R1500\*  
(\*AVAILABLE FOR PRIVATE TOURS ONLY)

PRICES ARE SUBJECT TO CHANGE WITHOUT PRIOR NOTIFICATION. PLEASE CONFIRM WITH CONCIERGE.



## TOWNSHIP TOUR

*'A good head and a good heart are always a formidable combination'*  
- Nelson Mandela

### HIGHLIGHTS

District Six | District Six Museum (closed on Sundays) | Langa (oldest formal township)  
Community school | Walking tour | Shebeen (option to taste traditional beer) | Khayelitsha (largest township)  
Meet township entrepreneurs | Charismatic church service (Sunday)

### FULL DAY (MAXIMUM 4 HOURS) PRIVATE OPTION - JARAT TOURS

RATES ARE VALID UNTIL 30 NOVEMBER 2019

Mercedes Vito (7 seater) - R4950  
Toyota Quantum (13 seater) - R6150

### FULL DAY (MAX 4 HOURS) SCHEDULED OPTION - HYLTON ROSS TOURS

RATES ARE VALID UNTIL 30 SEPTEMBER 2019

R620 per person



**TIP: BEST TO DO TOWNSHIP TOURS ON WEEKDAYS**



## YACHT

A scenic morning, afternoon or sunset cruise along the Atlantic Seaboard.

### HIGHLIGHTS

Cruise along the Atlantic Seaboard, drop anchor in a small, private bay, avoid the crowds and experience the majestic Cape that others can only dream of.

SPORTS YACHT	PRINCESS 45 Super Yacht	14m/45ft	R20000 for two hours	12 passengers
IQ CRUISES	Catamaran	14.3m/47ft	R5000 per hour Valid until 31 December 2019	36 passengers
SERENITY	Sailing Vessel	12m/40ft	R6600 - 20 passengers per hour or R8800 - 40 passengers per hour	



**TIP: PARENTS, REMEMBER THAT THE CATAMARAN IS A MORE STABLE VESSEL**



## OCEAN STAR SAILING

Conveniently located in the V&A Waterfront delivers the best bespoke sea-based customer experience. Our professional fleet includes a 4ft Regal Cruiser, 2x 34ft sailing boats, Jet Skis, a selection of RIBS and a specialty 23ft deep seafishing catamaran

### HIGHLIGHTS

Our trips have the advantage of encountering dolphins, seals and whales. All activities include light snacks, soft drinks and non-premium wine and beer. Premier food and drink packages can be arranged.

JET SKIS SPORT	R1750 per Jet Ski	1 hour	Maximum 6 persons
POWER BOATS	R3850	2 hours	Maximum 5 persons
GO FISHING	R6250	4 hours	Maximum 6 persons
GO SAILING	R8500	3 hours	Maximum 5 persons
MOTOR CRUISE	R12 800	3 hours	Maximum 6 persons





## GOLF

For a complete personalised golfing experience, ask for One&Only preferred golf guide - 'Ozzie'.

### REQUIRED INFORMATION

- How many players?
- Any specific golf course?
- Do you require golf carts, caddies or push trolleys?
  - Do you require transportation?
- What time would you like to play?

### GOLF CLUBS

- How many?
- Male or female?
- Left or right handed?
- Graphite or steel shafts?

### SERVICES INCLUDE

- Tee time bookings | Supplying all golfing equipment if required
- Club rentals | Transport to and from the golf course
- Competitive rates on four balls

NOTE: At most golf courses, Wednesdays and Saturdays are usually reserved for club members only.



**TIP: TRY TO SECURE TEE TIMES WELL IN ADVANCE**



## MUSEUMS

Part of the City Tour

### MUSEUMS

Castle of Good Hope | District Six | South African National History Museum  
Jewish Museum | St Georges Cathedral

### CITY TOUR PRIVATE OPTION - JARAT TOURS

RATES ARE VALID UNTIL 30 NOVEMBER 2019

Mercedes E-Class - R4950  
Mercedes S-Class and GL - R7550  
Mercedes Vito (7 seater) - R4950  
Mercedes Viano (6 seater) - R6000  
Toyota Quantum (13 seater) - R6150

### CITY TOUR SCHEDULED OPTION - HYLTON ROSS TOURS

RATES ARE VALID UNTIL 30 SEPTEMBER 2019

R650 per person

### CITY TOUR (HOP-ON-HOP-OFF)

R220 per person



**TIP: THE HOP-ON-HOP-OFF OPTION DOES THE PERFECT CITY ORIENTATION  
AND ALSO VISITS TABLE MOUNTAIN**



## THE SHIMANSKY DIAMOND EXPERIENCE

Discover the fascinating world of diamonds on a personalised Diamond Tour at the Shimansky Clock Tower Showroom, just a five-minute walk from the resort. Experience brilliance in the making, as a rough stone is transformed into a beautiful diamond by skilled diamond polishers. View Master Goldsmiths as they craft distinct diamond and tanzanite jewellery in platinum or fine gold. Discover the history of diamonds in South Africa with complimentary admission to the Cape Town Diamond Museum.

Contact Concierge to book your personal tour or visit: [www.shimansky.com/diamond-tour](http://www.shimansky.com/diamond-tour)

## THE CAPE TOWN DIAMOND MUSEUM

Discover the remarkable journey of a diamond from mine-to-finger with a personally guided tour of the Cape Town Diamond Museum. Experience the world of diamonds like never before with an in-depth and interesting insight into the history of diamonds in South Africa.

View replicas of: The Cullinan, The Hope, and The Taylor Burton, some of the world's most famous diamonds.

Contact Concierge to book your personal tour or visit: [www.capetowndiamondmuseum.org](http://www.capetowndiamondmuseum.org)

Open 7 days a week from 9am-9pm





## ARTS AND CRAFTS

*'Creativity is contagious, pass it on'* - Albert Einstein

A vast selection of products can be found in Cape Town, from ceramics and furniture, to textiles, fashion and jewellery.

### PLACES WORTH A MENTION

Greenmarket Square

Tribal Trends

Watershed (V&A Waterfront)

Gift House Curio Store

Oranjezicht City Farm Market - Open on Saturdays from 9am to 2pm

Old Biscuit Mill - Open on Saturdays from 9am to 2pm



**TIP: YOU MAY BARGAIN WITH THE VENDORS AT GREENMARKET SQUARE. QUALITY IS BETTER AT V&A**



## SHARK CAGE DIVING

South Africa was the first country to protect the great white shark in 1991.

The result of the protection is that of the cage diving industry.

In 1998, the Bill to re-open great white sharks to commercial fishing was tabled, and the government decided to dismiss the application and collect revenue from cage diving.

At the moment there are 12 licensed cage diving operators in South Africa.

To save these apex predators from human slaughter, a solution is to make these legendary creatures a living resource (worth more alive than dead).

Gansbaai's cage diving industry is the biggest success story for white shark conservation worldwide, resulting in numerous other shark diving businesses arising from the success story of Gansbaai.

### NOTE:

#### PRIVATE CHARTERS

R44 200 for (1-8 passengers)

R67 100 for (9-20 passengers)

#### GROUP CHARTERS

Option 1: R2430 Per person (including transportation)

Option 2: R1900 (excluding transportation)

Eg. Should you leave at 6am, you're back around 4pm

Collection time would be confirmed 1 day before  
(Please note that collection time could be as early as 4am)

The drive to the Shark Cage hotspot is roughly two hours each way

Helicopter transfers: R17 969 per person

Wetsuits, snorkels and towels provided.

Breakfast, snacks and/or lunch included.

RATES ARE VALID UNTIL 31 DECEMBER 2019

**TIP: THIS IS ONE OF CAPE TOWN'S MOST POPULAR EXCURSIONS.  
ADVANCED BOOKINGS ARE ENCOURAGED**



## HORSE RIDING

1 hour 45 minute guided beach ride leaving from Imhoff Farm in Kommetjie, riding straight through the wetlands for about 20 minutes on to beautiful Noordhoek beach. Riding along the water's edge or the back pan towards Chapman's Peak and back. A variety of wildlife can often be seen on the beach rides e.g. birdlife, whales, otters and seals.

- Age limit: 14 to 65 years old
- Weight: No persons over 95 kg / 15 stone / 209 pounds
- Duration: 2 hours
- Arrival time: ½ hour before trail
- Cost: R500 per person
- Pace: Easy

### TIMES

Morning - 9am / Afternoon - 12pm / Evening - 4pm

### ITINERARY

- Arrival time is 30 minutes before your ride
- Meet and greet
- Riding equipment
- Signing of indemnities
- Safety briefing

### NOTE

Riding experience is not essential. No galloping allowed on the beach at any time

If you are pregnant, have had a recent surgery or have a medical condition that may be deemed unsafe to ride for safety reasons you may not ride on any of the trails or rides

No drugs or alcohol may be consumed before the ride, and no alcohol is allowed on the beach

Riding caps are compulsory. These will be supplied by Sleepy Hollow (no cap - no ride)

Riders must wear long pants and closed secure shoes with a small heel, which will be supplied by Sleepy Hollow if you do not have any.

**TIP: ADVANCED BOOKINGS ARE ENCOURAGED**



## HELICOPTERS

Nothing as scenic as “Cape Town scenic”!

### ROBBEN ISLAND

A Robben Island helicopter tour offers an unrivalled experience that lets you see this amazing island in a way unimaginable from the ground.

± 20 minutes

### ATLANTIC SEABOARD

Enjoy a scenic flight along the Atlantic Seaboard viewing famous spots like the Cape Town Stadium, the four beaches of Clifton, Camps Bay and the Twelve Apostles.

± 20 minutes

### TWO OCEANS

From the V&A Waterfront, enjoy a scenic flight along the Atlantic Coast over to False Bay and back.

± 25 minutes

### FULL PENINSULA

A full trip from Cape Town to the Cape of Good Hope. View the Cape Peninsula from all angles before flying along the False Bay Coast back Cape Town.

± 50 minutes

### WINELANDS

Take a scenic flight from the V&A Waterfront and fly over the Durbanville Wine Region, Bottelary Hills, Stellenbosch and back to Cape Town.

Choose between the estates of Delaire Graff, Asara, Lanzarac, Blaauwklippen and Tokara.

**TIP: ADVANCED BOOKINGS ARE ENCOURAGED**

**PLEASE CHECK COSTS WITH CONCIERGE AS RATES MAY VARY BETWEEN OPERATORS**



## AQUILA SAFARI

Collection time ranges between 6.30-7.30. This will be communicated by the Safari by 5pm one day prior.

Arrive at the reserve at 9, breakfast, then a 2 to 3 hour safari. The safari is led by an experienced guide who will share exciting inside stories: facts about your surroundings, easily rousing your inner wild side. Followed by lunch and time at leisure to explore the rest of the facilities. The program includes a welcome drink, a scrumptious buffet breakfast, two to three hour game drive led by an experienced guide who will share exciting inside stories: facts about your surroundings, easily rousing your inner wild side, then a leisurely lunch, after which you may choose to add on a spa treatment, horseback or quad bike safari.

### SAFARI OPTIONS

6.30am Morning Safari

10am Afternoon Safari

### BASIC ITINERARY (Morning Safari)

6.45am - Depart Cape Town to Aquila (Scheduled transfer - Aquila transport.  
Discuss pick up place with your booking agent. Or drive yourself to Aquila)

9am - Welcome drink served on arrival

9.15am - Buffet Breakfast

10.15am - Game drive

12.45pm - Buffet lunch

After lunch, time at leisure

4pm - Depart for Cape Town

6.30pm - Arrive back at the hotel

### SCHEDULED SAFARI

R1950 Per person

### PRIVATE SAFARI

R2900 Per person

### GROUP TRANSFER COSTS

R890 Per person

### PRIVATE COSTS

R890 Per person and an additional R2720

Valid Until: 31 October 2019

# One&Only

CAPE TOWN

## CAPE TOWN ADRENALIN ACTIVITIES



Cape Town is blessed with a mild year-round climate which is highly conducive for an outdoor lifestyle and with world class thrill-seeking activities; this has made it one of the 'Adventure Capitals' of the world.



### GREAT WHITE SHARK CAGE DIVING

Located just two hours from Cape Town, trips are offered throughout the year. The waters of Dyer Island in Gansbaai are aptly named Shark Alley and are known for their exceptional great white shark populations. The sharks are attracted by the massive 60 000-strong Cape fur seal colony which inhabits the smaller island of Geyser Rock. Part of the Big 5 of the sea, white sharks are surface feeders, providing brilliant surface viewing from the safety of the shark-viewing deck off the boat, alternatively enjoy the views from under water whilst viewing from a securely designed cage which floats on the surface with divers no more than 1m below the surface.



### TANDEM SKYDIVING

A novel and unique way to experience the magnificence of the Western Cape. Why not do it at one of the most beautiful drop zones in the world? Just 40-minutes' drive north of Cape Town, along the West Coast. Marvel at the breathtaking view as you climb to 9000 feet before plummeting towards the ground in what is a drop zone like no other on earth! Take the time to appreciate the view on the way up, because it will be an entirely different experience on the way down! Your tandem jumpmaster will count you down and as you jump, prepare to have your breath literally blown away! Enjoy the experience as you free-fall for 30 seconds before the parachute is opened.



## ABSEILING TABLE MOUNTAIN

Step off the top at 1000 meters above sea level, and abseil into pure vertical space. This is the world's original highest commercial abseil. Prepare to be surrounded by awe-inspiring views and the deep blue Atlantic at your feet. For a fair section of the descent there is a deep overhang, which leaves you hanging free to survey the landscape while suspended in mid-air. Going up Table Mountain for the abseil also means you get to enjoy the views on the way up (and down) as well as from the mountaintop. If you take the cable car, there is the added bonus of lapping in the vistas from the big windows. The abseil off Table Mountain is guaranteed to get your pulse racing!



## QUAD BIKING

By far the most exciting things on four wheels, quad biking on the sand dunes of the Cape is a rush like no other. All bikes are fully automatic or semi-automatic so even the inexperienced can join on this activity.

Quad biking on the sand dunes is truly an amazing and unique experience. Alternatively enjoy the mountain trails in the Elgin Valley which takes place an hour's drive outside of Cape Town. The quad bike trails take you through some of the rarest plants on earth and the off road quad tours are perfectly designed for those with a sense of adventure and an appreciation for nature.



## TANDEM PARAGLIDING

Usually from Lion's Head or Signal Hill inside the beautiful Table Mountain National Park. Flights generally last between 10 and 30 minutes depending on the weather. The instructors love to paraglide and your pilot will stay in the air with you for as long as possible. The landing fields are either in Camps Bay or at the Seapoint promenade. Every pilot is equipped with a wide angle digital camera that is mounted on an extendable monopod. During your tandem flight your pilot will capture not only the breathtaking views but your smile as well.

This excursion is weather dependent; however this is an absolute must for any thrill seeker coming to Cape Town.



## STAND-UP PADDLE BOARDING (SUP)

With roots that reach far back into Polynesian past, Sup'ing or paddle boarding, as it's more commonly known, is now one of the most explosive water sport crazes the world around.

Popular both because anyone can do it and because nearly any body of water is fair game (especially the water canal around One&Only Cape Town). The family-appropriate sport suits all levels of fitness and offers a viable alternative to those keen to get out on the water, but not engage in the more extreme-fuelled activities.

# One&Only

CAPE TOWN

## RECOMMENDED GOLF COURSES



Cape Town and the Western Cape offer visitors a selection of excellent golf courses in majestic settings and some are rated as the best golf courses in South Africa. The courses in Cape Town are pristine in setting, layout and quality, and are of championship status. The Western Cape's wide variety of top rated golf courses, each in their own unique setting, will exceed the needs of any golfer visiting Cape Town and the Western Cape.



### PEARL VALLEY GOLF ESTATE

One of the most attractive aspects of Pearl Valley is its iconic golf course. This masterpiece was shaped by the vision of golf legend, Jack Nicklaus and his unique touch is evident throughout the course.

The home of the SA Open for three consecutive years in 2007, 2008 and 2009 provides you with a stern, yet enjoyable golfing test. Pearl Valley has two signature holes, fourth and thirteenth, both offering majestic views of the surrounding mountains and lakes.

Location: R301, Wemmershoek Road, Paarl, Cape Town



### ROYAL CAPE GOLF CLUB

With a magnificent view of glorious Table Mountain, one of the New7Wonders of the nature, the Royal Cape Golf Club has a rich history that spans 130 years of proud tradition.

The course is designed to accommodate players of all skill levels whilst enjoying the legendary Royal hospitality on the course, as well as within the relaxing environs of the history laden club house.

Location: 174 Ottery Road, Wynberg, Cape Town



## CLOVELLY COUNTRY CLUB

The Cape is the home of South African golf, and Clovelly ranks as one of the finest courses in the Cape Peninsula. Once only a nine-hole and mainly sand course, Clovelly was designed by Dr Charles Molteno Murray, one of the best known golf architects of his day. Of moderate length, Clovelly is unique in that it follows neither the links nor the American tradition design. It is a tight course by South African standards, and has a fine blend of testing holes with the Silvermine River, and adjacent ponds adding much to their character.

Location: 177 Clovelly Road, Clovelly, Cape Town



## WESTLAKE GOLF CLUB

The eighteen-hole parkland-style course was designed by the Westlake members. With consultation and advice from professionals, many significant improvements have been brought on year-on-year.

The golf course is meticulously managed with the greens and bunkers being maintained regularly. The clubhouse offers a fantastic view of the golf course and surrounds.

Location: Westlake Avenue, Off Boyes Drive, Lakeside, Cape Town



## MOWBRAY GOLF CLUB

Mowbray Golf Club is recognised as being one of the best in the country with all major amateur championships having been played there. Mowbray has hosted the SA Open seven times and the Bells Cup three times. Mowbray is a parkland course, which provides an excellent test of golf. The terrain is flat, but plenty of trees and water features make for an interesting experience with the beauty of the mountain and abundant wild life dominating the surrounding scenery.

Location: 1 Raapenberg Road, Mowbray, Cape Town



## STEENBERG GOLF CLUB

Visually spectacular and technically challenging, these are the sort of holes that make golfing a true pleasure. Steenberg's signature hole (hole seven) sees its island green set into sand and water. With Devil's Peak in the background one must not get side tracked by the task at hand. Finding the putting surface with the tee shot is a great and necessary accomplishment as only the 360 degree bunker can prevent the ball from finding the water if your shot is off target. A par is a great score on this signature hole.

Location: Westlake Avenue, Steenberg Road, Steenberg, Cape Town

# One & Only

CAPE TOWN

## DEEP SEA FISHING CHARTERS



The Cape waters have a world reputation for tuna fishing, with some of the richest tuna grounds in the world.

Yellowfin tuna of over 100kgs have been landed, but the average size of the fish is 50 - 70 kg. Your deep-sea fishing experience begins early when you cast off from a private marina on Simon's Town jetty, whilst passing the South African Navy base and the light-house at Roman Rock, before taking the 12 nautical miles to Cape Point and heading out to the Tuna Grounds.



Hooked on Africa Fishing Charters is a popular Deep Sea Fishing Charter Company in Cape Town based out of Hout Bay. The fisherman can tailor-make your fishing excursion to enjoy either tuna fishing, yellowtail fishing, snoek fishing, offshore fly fishing or an ocean safari.



## SIGHTINGS YOU CAN EXPECT TO SEE DURING YOUR OCEAN SAFARI INCLUDE:

### WHALE WATCHING

Try your luck at spotting one or more of the whales found off the Cape coast. Southern Right whales, orca's (killer whale), hump back whale, Brydes whales, pilot whales.

### DOLPHIN TOURS

The Cape coast is abundant in its species of dolphins ranging from the bottle nose, spinner, heavy side and more.

### CAPE POINT CRUISE

See Cape Point from the ocean... Enjoy a boat cruise to Cape Point and explore the Cape coastline, its bays, and enjoy sightings of South Africa's marine life en route.

### SEAL ISLAND

A private charter to Seal Island off the coast of Hout Bay can be arranged on request.



## CONVENTIONAL DEEP SEA OFFSHORE FISHING SEASONS

The Tuna Season runs from mid-October to June, with the best times being at the beginning and end of the season.

Cape yellowtail is a member of the carynx family and is a formidable fighter. These fish are normally found around the infamous Cape Point, which offers the visitor the opportunity to see this landmark from a whole new angle.

Snoek are the only fish that are available during the winter months. This underrated game fish moves into our waters in huge quantities during the months of May to September. They are generally found at depths of around 15 - 20 metres and they provide the keen fly-fisherman with a worthy challenge on the fly. The fish are generally in the 5 - 7kg class. This fishing is for everyone including complete novices. Tuna fishing takes a full day, 30 miles out to sea.

Other species that are targeted off the peninsula coastline are: Blue Sharks, Dorado and Mako Sharks.



# One&Only

CAPE TOWN

## CAPE TOWN FAMILY FUN ACTIVITIES



Cape Town is one of the world's most popular tourist destinations and very family friendly too! The city offers a variety of activities for the whole family, with the best spots to eat, play and shop with your kids.



### KIDSONLY CLUB

The KidsOnly Club at One&Only Cape Town offers complimentary, fully supervised programs for kids aged 4 to 11 years.

The vibrant club consists of an arts and crafts area, a movie and video games lounge, a quiet reading corner, a computer station with the latest technology and an exclusive KidsOnly garden. Dedicated staffs also provide personal service and organize activities for teenagers including excursions, fitness programs and spa treatments.



### STRAWBERRY PICKING

Spend a day picking plump, juicy fruits with the kids at one of the several winelands-based farms that open up their berry fields to the public during season from October to December each year. Most notable is the much-loved Mooiberge Farm which rests between Stellenbosch and Somerset West.

Parents can enjoy a light lunch at the Mooiberge Restaurant and stock up on local produce at the Farmers Market. Across the road is Route 44 which is open every Saturday and Sunday and offers a variety of children's activities, including live entertainment and an array of locally produced toys and snacks for the whole family.



## HOP-ON-HOP-OFF BUS

Nearly everyone has seen the big Red City Sightseeing Bus in many parts of the world, but actually going on it is so much fun (even the locals can be a tourist in their own city for the day). You can sit and watch the world go by and hop on and off at various places of interest.

If you listen to the commentary, you will learn a lot about the city of Cape Town and there is a child-friendly version too (that's clever, informative and amusing). Don't let rain put you off, it is dry inside! All children receive a free activity pack with a colouring-in book and crayons which help keep them occupied in between sights.



## IZIKO MUSEUM

One of the major perks of visiting Cape Town is that both the South African Museum and the South African National Gallery are conveniently situated in the City Bowl, around the Company's Gardens.

The Museum and the Gallery, both falling under South Africa's national heritage institution Iziko, are ideal for a peaceful, contemplative family day out. The Museum boasts everything from dinosaur fossils to rock art. The National Gallery houses an impressive range of contemporary artworks, African traditional beadwork and textiles and is ideal for the culture vultures in the family.



## SCRATCH PATCH - CAVE GOLF

The V&A Waterfront offers special programs for children during the school holidays.

The Scratch Patch is a fun place for all ages. Kids (and adults) can sort through mountains of gemstones and pick out tiger's eyes, amethysts, jaspers and many more.

Cave Golf is another option which sounds easy, but this version of 'putt-putt' has some tricky ramps, sharp corners and deceptively difficult holes.



## THE TWO OCEANS AQUARIUM

The Two Oceans Aquarium is hands-down one of the best places in Cape Town for indoor fun (great for rainy days). Apart from the dazzling glimpses it offers into the underwater world, the Aquarium also has several activities that will delight young and old alike.

Be sure to schedule your trip to the feeding times of the penguins, sharks and other fish. Don't miss the Touch Pool, an interactive area with anemones, starfish and seaweed. Also make sure to book for the Penguin Encounter that allows you and the children to come face-to-beak with the super-cute rockhopper penguins.



## CAPE TOWN SCIENCE CENTRE

At the Cape Town Science Centre, learning with the little ones does not have to be a drag!

When you've got the Cape Town Science Centre within reach, it is easy to keep young minds engaged with ion loads of cool experiments and exhibitions; plus, the interactive discovery land offers daily workshops during the school holidays and winter science camps.



## ARTJAMMING

Some people jam music, but at Artjamming you jam art! You simply walk in and let your imagination take hold of the paint brushes.

Artjamming allows you to create your very own unique full colour art piece by fusing creativity and colour to a chill out beat. Whether it is playing, painting, sponging or spraying, it's about putting on an apron to face a blank canvas and unleashing your own individual creativity that makes Artjamming the most fun you can have with a paintbrush.



## WORLD OF BIRDS

World of birds is the largest park in Africa and one of the few large bird parks in the World. Over 3000 birds (and small animals) of 400 different species are uniquely presented in more than 100 spacious landscaped walk through aviaries, allowing you the most intimate closeness with nature.

A tropical garden setting in the Hout Bay Valley is the environment in which the aviaries are spaced over a 4<sup>ha</sup> of land, framed by the back of Table Mountain, the Twelve Apostles, Constantiaberg, Chapman's Peak and Little Lion's Head. A paradise for nature lovers and photographers, the World of Birds is one of Cape Town's premier tourist attractions which no visitor should miss.



## CHEETAH OUTREACH

The Cheetah Outreach is an educational and community-based program created to raise awareness of the plight of the cheetah and to campaign for its survival.

The program is continually evolving and taking on new challenges. Give your little 'cubs' the chance to encounter one of South Africa's most majestic wild cats at this conservation and outreach centre that is also home to small predators, like servals and foxes, and Antolian Shepherd Dogs.